

Bread & Olives

Bread & Butter or Allioli	VG V R	£2.50
Garlic Pizza Bread		£4.45
Garlic Pizza Bread with Mozzarella		£5.45
Bruschetta with tomato & basil		£4.95
Olives — Aceitunas	R	£3.95

Starters

Homemade Soup	VG V	£4.95
Please ask your server for today's fresh homemade soup, served with bread.		
Insalata Tricolore	V	£6.25
A classic, slices of tomato, avocado and Italian mozzarella, sprinkled with fresh basil and virgin olive oil.		
Breaded Mozzarella Sticks	V	£6.25
Delicious mozzarella sticks coated in a garlic flavoured bread-crumbs for extra flavour, with a salsa dip.		
Veggie chilli Potato Skins	V	£6.45
Potato skins, filled with three bean veg chilli and jack cheese, served with a dip of sour cream. Vegan cheese available on request.		
Bacon & Cheese Potato Skins		£6.45
Potato skins, filled with bacon & jack cheese, served with a side of sour cream.		
Calamares a la Salsa		£7.95
Breaded squid, served with salad garnish & tartar sauce.		

Tapas

Tapas are small, flavourful dishes popular across the Mediterranean, perfect for mixing and matching a variety of tastes. Our tapas, known in Spain as "Raciones," are freshly prepared on-site and cooked to order, ensuring vibrant, authentic flavours in every bite. We suggest about three tapas per person, or try them as a delightful starter to your meal.

Fish Tapas

Gambas Tigre — Mediterranean Prawns	R	£9.45
4 large whole black tiger prawns, served in our own garlic & lemon sauce.		
Gambas piri piri — Spicy King Prawns	R	£8.95
Headless king prawns cooked in our own garlic spicy sauce.		
Gambas al Ajo — Garlic King Prawns	R	£8.95
Headless king prawns cooked in garlic & white wine.		
Mejillones — Fresh Mussels	R	£7.95
Fresh mussels cooked in a great combination of cream, white wine, leeks & herbs. Available with tomato sauce on request.		
Croquetas de Bacalao — Cod Croquettes		£6.45
Deep-fried Spanish cod croquettes, served with tartar sauce.		
Sardinas a la Plancha — Grilled Sardines		£6.45
Freshly grilled original Portuguese headless sardines served with a slice of lemon & olive oil.		
Chanquetes — Whitebait		£6.95
Deep-fried blanched whitebait served with a salad garnish.		

Salsa[®]

Tapas & Grill

RESTAURANT

Perfect for Sharing

Nachos Picantes (to share)	R	£14.95
Tortilla chips, melted Monterey Jack cheese, jalapeño peppers, guacamole, salsa & sour cream, the true Mexican starter with your favourite filling, of chilli-con-carne or Mexican Chicken.		
Vegetarian Nachos Picantes (to share)	VG	£14.95
Tortilla chips, melted Monterey jack cheese, jalapeño peppers, guacamole, salsa & sour cream, the true Mexican starter with vegetable chilli. Available with Vegan cheese on request.		
Cheesy Nachos (to share)	V	£12.95
Tortilla chips drizzled in warm special nacho cheese sauce, jack cheese, guacamole, salsa & sour cream.		

Paella Valenciana

Our medium Paella is perfect for a hearty appetite or can be shared between two with a starter. Each paella is freshly made to order & takes around 30-45 minutes. Please ask your server.

For the best experience, pair it with our Tapas!

	Medium	Large
Paella Marinara	£24.95	£32.95
Traditional rice savoury dish with fish & shellfish.		
Paella Mixta	£24.95	£32.95
Traditional rice savoury dish with fish, shellfish, chorizo, chicken & chicken wings.		
Meat Only Paella	£24.95	£32.95
Traditional rice savoury dish with mixed meats chicken wings & chorizo.		
Vegetarian Paella	VG V	£19.95
Traditional rice savoury dish with mixed vegetables.		

Best in
Town

Celebrate life's milestones with us!

Celebrate with us! Whether it's a birthday, anniversary, or any special occasion, our warm atmosphere and delicious food will make it unforgettable. Let us help you create a memorable experience for your guests with personalised touches and attentive service.

Visit our website for more information.

Chicken Tapas

Alas de Pollo — Chicken Wings	R	£6.85
Chicken wings cooked in BBQ sauce.		
Pollo con Chorizo — Chicken & Chorizo	R	£7.25
Tender pieces of chicken breast and chorizo sausage pan fried with red wine & garlic.		
Tiras de Pollo — Crispy Chicken Strips		£6.95
Breaded crispy chicken strips served with a spicy salsa dip.		
Hornea de Pollo y Champiñones — Chicken & mushrooms		£6.95
Tender pieces of chicken breast & mushrooms baked in the oven on a delicious creamy cheese sauce.		
Pinchitos de Pollo — Chicken Skewers		£7.95
Marinated chicken breast pieces grilled to perfection with peppers & onions served with a Cajun mayonnaise dip.		

Meat Tapas

Chuletas de Cordero — Lamb Chops	R	£8.95
Two grilled lamb loin chops served with rosemary sauce.		
Croquetas de Jamon — Spanish Ham Croquettes	R	£6.95
Battered fried Spanish cured ham croquettes with a garlic mayonnaise dip.		
Costillas a la Salsa — Spare Ribs		£6.95
Pork spare ribs oven cooked in a glazed tomato BBQ sauce.		
Lomo a la Parrilla — Boneless Pork Loins		£6.95
Pork loin grilled to perfection drizzled with onions and potatoes.		
Chorizo Riojana — Chorizo in Red Wine	R	£6.95
Sliced pork Spanish sausage cooked in red wine & garlic.		
Patatas Cremosas — Creamy Potatoes & Bacon		£5.95
Fried potatoes with bacon & cheese sauce.		
Albondigas — Meatballs		£7.45
Fresh beef meatballs served in a spicy tomato & onion sauce.		
Pinchitos de Cordero — Lamb Skewers		£8.05
Marinated pieces of lamb grilled with peppers & onions served with a rosemary sauce dip.		

Veg Tapas

Tortilla — Spanish Omelette	VG V R	£5.95
Our own Spanish omelette, made from egg, potatoes & onions.		
Champiñones y Ajo — Mushrooms & Garlic	VG V R	£5.45
Mushrooms pan fried in garlic butter.		
Patatas Bravas — Spicy Potatoes	VG V	£4.95
Golden, crispy fried potatoes paired with a vibrant tomato and chilli sauce. Balance of crunch and bold flavour.		
Arroz Ibérico — Iberian Style Rice	VG V	£5.45
Portuguese special rice cooked with paella spices, mixed peppers & onions.		
Pimientos de Padron — Padron Peppers	V	£6.45
Oven baked drizzled with rock salt & olive oil. Irresistible Spanish favourite!		
Champiñones Cremosos — Creamy Mushrooms	V	£5.45
Oven baked mushrooms in a smooth creamy cheese sauce.		
Berenjenas Rellenas — Stuffed Aubergine	VG	£8.45
Oven-baked stuffed aubergine filled with a savoury blend of seasoned vegetables, herbs, and melted jack cheese. (available with vegan cheese on request)		

Portuguese Specialties

Picadinho	£20.95
240 grams of juicy pieces of sirloin steak, pan fried with mushrooms in our own special marinade served with fries & fresh tomatoes.	
Espetada de Frango	£17.95
Tender chunks of chicken breast, onions & peppers, grilled to perfection, smothered with fresh garlic butter. Served hanging on the spit.	
Espetada de Frango e Chorizo	£18.95
Tender chunks of chicken breast, with chorizo sausage, smothered with fresh garlic butter. Served hanging on the spit.	
Espetada Tradicional	£21.95
300 grams of grilled tender chunks of juicy aged sirloin steak & bay leaf grilled to your taste, smothered with garlic butter. Served hanging on the spit.	
Espetada de Pescado	£24.95
Tender pieces of monkfish, fresh salmon, squid, king prawns onions & red peppers, smothered with fresh garlic butter. Served hanging on the spit.	

Pescado - Fish

Rubalo na Grelha (Sea bass)	£19.95
Grilled large Sea bass fillet, topped with a delicious light white wine & garlic sauce, accompanied with green beans.	
Filete de Salmón	£17.95
A sizeable fillet of salmon, topped with great light white wine & butter sauce, accompanied with green beans.	
Monkfish a la Gallega	£19.95
Monkfish pieces cooked to perfection with king prawns & mussels on a light tomato & white wine sauce, accompanied with green beans.	

Chef's Specialties

Grilled Marinated Chicken	£13.95
12 grilled marinated chicken on its own or topped with your choice of Piri Piri or BBQ sauce.	
Pollo Champiñones	£16.95
Grilled chicken breast topped with mushrooms and a white wine creamy sauce, accompanied with broccoli florets.	
Pollo Tierra'y Mar	£18.95
Grilled chicken breast topped with king prawns cooked on creamy light tomato sauce, accompanied with broccoli florets.	
Zanca de Cordero'y Menta	£23.95
Slow-cooked lamb shank, braised to perfection in mint and red wine sauce until it falls off the bone. Served with creamy mashed potatoes & broccoli florets.	

All our dishes are freshly prepared to order, please allow a little extra time.

Every meal, except the lamb shank, comes with your choice of sautéed potatoes, fries, or creamy mashed potatoes.

For a twist, you can upgrade to Cajun fries for £1 or sweet potato fries for £2.

Mexican Specialties

Chilli con Carne	£12.95
Traditional hot chilli-con-carne served on a bed of famous Mexican yellow rice with peppers. Add £2 for tortilla chips & sour cream.	
Veggie Three Bean Chilli	£12.95
A great alternative to meat with mixed vegetables & beans in a spicy chilli tomato sauce, served on a bed of famous Mexican yellow rice with peppers. Add £2 for tortilla chips & sour cream.	
Enchiladas a la Salsa	£14.95
Two rolled tortillas filled with peppers, onion, beans, sweetcorn, & your choice of marinated chicken, chilli-con-carne or Vegetarian chilli, baked in spicy tomato sauce, topped with melted jack cheese & guacamole. Served with salad and Mexican rice.	
Salsa Special Burritos	£14.95
Oven baked soft flour tortilla filled with Mexican rice, beans, sweetcorn, chillies & cheese & your choice of marinated chicken, chilli-con-carne or Vegetarian chilli. Topped with salsa sauce, guacamole & sour cream. Served with a salad garnish & tortilla chips.	
Texan Chicken & Ribs	£19.95
Combination of juicy 1/4 Roasted chicken & 1/2 rack of pork ribs glazed with tomato & bbq sauce. Served with onion rings, coleslaw & your choice of fries, Mexican rice or salad.	
Full Rack of Ribs	£19.95
A full rack of tender, slow-smoked pork ribs coated in our signature BBQ sauce. Served with onion rings, coleslaw & your choice of fries, Mexican rice or salad.	

Fajitas Mexicanas a la Salsa

Grilled Chicken Fajitas	£17.95
Steak Fajitas	£18.95
Combo Fajitas (Chicken & Steak or Chicken & King Prawns)	£19.95
Vegetarian Fajitas	£14.95

Choose from marinated chicken breast or matured beef, seasoned in a zesty tropical lemon and lime juice with Mexican spices, grilled on a bed of onions and mixed peppers.

Served sizzling on a hot skillet with melted cheese, spicy salsa, sour cream, and creamy guacamole. Roll your own tortillas and enjoy the full flavour experience.

Extra tortillas are available for £1.00 per set of 4.

Steaks

Solomillo (Sirloin Steak)	£21.95
A juicy 8oz (224 grams) of finest aged sirloin steak, freshly grilled to your taste with a seasonal garnish. Accompanied with fried mushrooms.	
Fillet Steak	£25.95
A juicy 8oz (224 grams) of finest fillet steak, freshly grilled to your taste with a seasonal garnish. Accompanied with fried mushrooms.	

Steak Options:

For an extra layer of richness, add garlic butter for £2 or elevate your steak with our choice of sauces: Peppercorn, Red Wine & Mushroom or Chimichurri sauce (priced at £3 each).

Feeling adventurous?

Add two grilled whole King prawns for just £5 to elevate your meal.

Main Course Salads

Chicken Caesar Salad	£14.95
Caesar dressed cos lettuce leaves, tomatoes, topped with sliced chicken breast, crispy garlic croutons, and Parmesan cheese.	
Latin Fresh Chicken, Avocado & Mozzarella Salad	£15.95
Mixed salad leaves tossed with tomatoes, red onions, crispy bacon pieces, fresh avocado & French dressing topped with grilled chicken breast strips & pieces of fresh baby mozzarella.	

Burgers & Lasagna

Double size your beef burger for only £5 extra. All our burgers are served with fries & onion rings.	
Cheeseburger	£12.95
6oz beef burger topped with Monterrey Jack cheese on a brioche bun with cos lettuce, tomato & red onions & coleslaw. Add £1.50 for bacon.	
Moving Mountain Vegan Cheeseburger	£12.95
4oz, 100% plant-based patty topped with jack or vegan cheese, served on a seeded bun with cos lettuce, tomato, red onions, and a tomato sauce dip.	
Grilled Cajun Chicken Burger	£15.95
Juicy chicken breast marinated in our Cajun spices served on brioche bun with cos lettuce, tomato, mayo & coleslaw.	
Lasagna al Forno	£15.95
Homemade layered pasta with rich beef ragu, creamy béchamel & mozzarella.	

Side orders

Fries or Sauté Potatoes	£2.95
Mexican Cajun spicy Fries	£3.95
Sweet Potato Chips	£4.95
House Mixed Salad	£4.95
Cauliflower & Cheese	£3.95
Beer Battered Onion Rings	£4.95
Naughty Chips	£4.95
Fries topped with nacho cheese sauce. Add £1 for bacon.	
Seasonal Vegetables	£3.80
Choose 2 from: Carrots, broccoli, green beans or cauliflower.	

For allergenic information scan this QR code on your device

- VG** Suitable for Vegans
- V** Suitable for Vegetarians
- R** Recommended



If you suffer from any food allergy's or intolerance's please speak to a member of staff for advice or see the allergenic information sheet online before you order.

All prices include V.A.T at 20%. All weights are approximate before cooking. All major credit and debit cards accepted, we do not accept cheque's.

Service is not included you can tip our staff at your discretion. A 10% optional service charge is automatically added to groups of 8 or more. Dishes containing pesto contain pine nuts and some desserts please ask service, although we take care we cannot guarantee that nut traces may not be found in food. We can cater for most allergies, please ask for availability of dishes that can be changed to suit your needs when placing the order and if it needs to be cooked separately. All fish dishes may contain some bones.



@salsatapas&grill



@salsatapas